



# DOWN UNDER VIRTUAL STEP CHALLENGE

Lace up your joggers and embark on an Aussie adventure! Join this three-week step challenge and explore the wonders of the land Down Under, one milestone at a time.

**Challenge runs from 1/27 - 2/16**

**Registration opens on 1/13**



**2 Challenge  
Levels to  
Choose  
From!**

Scan the QR code above to log into ManageWell or visit [ManageWell®](#) | [Benefits](#) | [DHMC](#) and [Clinics Careers](#) for ManageWell registration details

**Questions?**

Contact [LifestyleImprovement@hitchcock.org](mailto:LifestyleImprovement@hitchcock.org)

or call (603) 650-5950