

# PLOT TO PLATE: GARDEN PLANNING & TOOL CARE

It's time to sort seeds, clean clippers, and sharpen shovels. Plan and prepare now for easier and more enjoyable gardening days ahead

Join Heather Wolfe\* on  
Wednesday, February 12  
12:00 - 12:30pm via Webex

Register by visiting the Dartmouth Health events or scan the QR code below  
[Employee Wellness Events](#) | [Dartmouth Health Events](#)

\*The Lifestyle Improvement  
Program's Nationally Board  
Certified Health & Wellness coach  
and Vermont Master Composter



Questions?

Contact [LifestyleImprovement@hitchcock.org](mailto:LifestyleImprovement@hitchcock.org) or call (603) 650-5950

