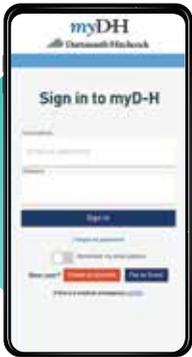
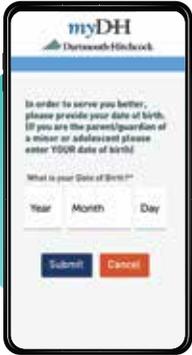


myD-H Sign-up Instructions

myD-H makes it easy for you to be involved with your health care. To create an account, follow these step-by-step instructions:



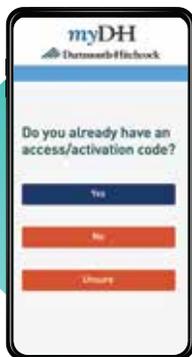
1. Visit the www.myD-H.org website and choose “create an account”.



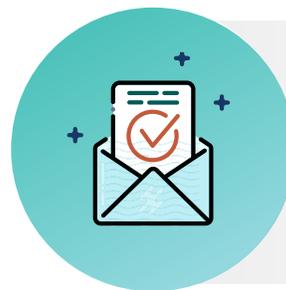
2. Enter your date of birth.



4. If you do not have an activation code, you will now be asked to enter your information.



3. You will be asked if you have an activation code. If you have an activation code, click the “yes” button. If you do not have a code, click the “no” button.



5. You will receive an email once your account has been created.

Congratulations, you will now have your own myD-H account!